

BLENDED PUMPKIN SPICE "LEAN LATTE"

INGREDIENTS:

1/4 cup unsweetened Almond milk

1 Tbsp. pumpkin puree

1 drop vanilla extract

1/4 tsp. cinnamon

1/4 tsp. nutmeg

1/4 tsp. ginger

1 cup hot black coffee

Place all ingredients in a blender, blend ingredients together and enjoy! Makes a nice seasonal coffee beverage.